

# CLASSES

## MONDAY

---

### Pole Dance

7.00-8.00 PM | Int/ Adv

8.00-9.00 PM | Beginners

Email [k1dance.pole@gmail.com](mailto:k1dance.pole@gmail.com)

### Kieron Simms - Hip Hop Choreography

7.00-8.15 PM | Int/ Adv | £7

### MM Jazz Course and Class

7-8 PM | Beg | £7 | 16+ | 4 Week Course |

8.15-9.30 | Int | £7 | 18+ | Class |

### Kate Hannah - Jazz Funk

7-8PM | Beg | £5

### Kate Hannah - Choreography

8.15-9.15 PM | Int | £7

### Don Diego - Bachata

7.00-8.30 PM

### Don Diego - Reggaeton

8.30-9.30 PM

## TUESDAY

---

### Tia Holden - Street

7.00-8.00 PM | Beginners | £7

8.00.-9.00 PM | Improvers | £7

### Air Hoop

7.00-8.00 PM | Intermediate

### Sam Wise - Hip Hop Choreography

7.00-8.15 PM | Inter/Adv | £7

### Ina - Contemporary Class

7.00-8.00 PM | Beg & Inter| £7

### Kathryn Ann -Pop Ballet / Stretch

7.00-8.00 PM | Improvers/ Inter | £7

### Sacha & Cali - Vogue Open Session

8.30-10.00 PM | Open | £7

### Kathryn Ann - Tricks, Twists & Leaps

8-00-9.15 PM | Inter/ Adv | £7

### Mark Boyce - Choreography

8.15-9.30 PM | Inter/Adv | £7

### Please note :

Majority of our classes can be paid on the door



10/OCT  
10/OCT  
10/OCT

# CLASSES

## WEDNESDAY

---

Jade McNally- Heels  
7.00-8.00 PM | Beginners | 16+ | £7

Nadia Robinson- Heels  
8.00-9.15PM | Improvers |16+ | £7

Mark Boyce - Afro House  
7.00-8.00 PM | Beginners | £7

MM Twins- Jazz Heels  
7.00-8.15 PM | Improvers & Inter |18+ | £7

MM Twins- Jazz Technique & Combo  
8.25-9.25 PM |Improvers |18+ | £7

Pole Dance  
7.00-8.00 PM | Int/ Adv  
8.00-9.00 PM | Beginners

## THURSDAY

---

Jasmine Fontaine-Commercial Class  
7.00-8.00 PM | Beginners | £7

Theatre Jazz  
7.30-8.30 PM | Open Level | £6

Shey- Afrobeats  
7.00-8.00PM | Book via @sheydancestudios

Sweatbox Workshop  
7.00-8.30PM | Pay on door



10/OCT  
**10/OCT**  
10/OCT

**Please note :**

*Majority of our classes can be paid on the door*

# CLASSES

## FRIDAY

---

AJ- Choreography Class (postponed)  
8.00-9.00 PM | Int/ Adv | £7

## SATURDAY

---

Shockout Academy ( 7-16 Years Old)  
11-5pm | Yasmin@shockoutacademy.com

## SUNDAY

---

Adult Dance Programmes (Coming Soon)  
12.00- 3.30PM | Beg & Improvers | Apply Now

Adult Ballet Programme (Next Course Coming Soon)  
12.30- 2.30PM | Beginners | Apply Now

Adult Beginners Heels Programmes (Coming Soon)  
12.00- 2.00PM | Beg | Apply Now



10/OCT  
**10/OCT**  
10/OCT

**Please note :**

*Majority of our classes can be paid on the door*